

ATX - 10900 Research Blvd. STE 140-C, Austin TX 78759
LWY - 317 RANCH RD 620 S, STE. 101, LAKEWAY, TX 78734
PHONE: (512) 645-0148 WEBSITE: WWW.SLEEP CYCLE CENTERS.COM

PATIENT NAME: _____
DOB: _____
Phone: _____
Email: _____
Address: _____
Insurance Provider: _____
Insurance Policy Number: _____
Insurance Phone Number: _____
Insurance Group ID: _____

REFERRING PHYSICIAN NAME: _____
License: _____
NPI: _____
Phone: _____
Email: _____
Office Name: _____
Address: _____
Office Tax ID: _____
Office NPI: _____

PRESCRIPTION FOR AT-HOME SLEEP TEST

SLEEP HISTORY & PRESENTING SYMPTOMS:

- Snoring
- Witnessed Apnea
- Morning Headaches
- Nocturia
- Daytime Sleepiness
- Fatigue
- Congestive Heart Failure
- Nocturnal Awakenings
- Impaired Cognition
- Diabetes
- Insomnia
- Non-Restorative Sleep
- Bruxism
- Restless Leg / Periodic Limb Movements
- Central Sleep Apnea
- Stroke
- Hypertension
- Obesity (BMI: _____)
- Other Symptoms: _____

SUSPECTED DIAGNOSIS:

- R/O Sleep Apnea G47.33
- Treat OSA G47.33
- Treat CSA G47.31
- Treats Complex SA G47.31
- Re-Titration for OSA G47.33
- R/O G47.61
- R/O Narcolepsy G47.419
- Restless Leg Syndrome G25.81
- Snoring R06.83
- Other: _____ G47.33

TESTING CONSULTATION & TREATMENT MANAGEMENT

(Once the study is completed, Sleep Cycle Center will review the Results with the patient at a consultation appointment after the study. Initiation of treatment and on-going management by Board-Certified Sleep Physician & Sleep Cycle Center.)

(PROVIDER SIGNATURE) (DATE)

PRESCRIPTION & LOMN FOR ORAL APPLIANCE THERAPY FOR OBSTRUCTIVE SLEEP APNEA

THIS PATIENT IS:

- intolerant of CPAP therapy
- in *not* a candidate for CPAP therapy
- G47.33 Obstructive Sleep Apnea
- R06.83 Snoring
- Other: _____

THE PATIENT IS BEING SENT FOR E0486

MANDIBULAR ADVANCEMENT SPLINT THERAPY WITH:

- The appliance chosen by the Patient and Sleep Cycle Center, as most suitable

LETTER OF MEDICAL NECESSITY FOR THE TREATMENT OF OBSTRUCTIVE SLEEP APNEA (OSA)

The above patient has undergone a sleep study for a sleep related breathing disorder. This evaluation confirmed the diagnosis of obstructive sleep apnea. This evaluation confirmed that an ORAL APPLIANCE is medically necessary. Currently, Medicare has a code (E0486) with the following descriptor "Oral Device/Appliance used to reduce upper airway collapsibility, adjustable or non adjustable, custom fabricated includes fitting and adjustment." Treatment duration will last a minimum of one year barring the Occurrence of other intervening measures, such as surgery, and could be required for the remainder of the subscriber's life Oral appliance therapy is used as an alternative to surgery and/or CPAP. Please contact the prescribing physician with any questions. I am recommending oral appliance therapy for the treatment of this patient. I, the undersigned, certify the procedure prescribed above is medically necessary for the treatment of this sleep disorder.

(PROVIDER SIGNATURE) (DATE)

PRESCRIPTION FOR WEIGHT LOSS & NUTRITIONAL COUNSELING

THIS PATIENT IS DIAGNOSED WITH:

- Fatigue
- Diabetes
- Stroke
- Hypertension
- Obesity (BMI: _____)
- Other Symptoms: _____

THIS PATIENT COULD BENEFIT FROM WEIGHT-LOSS & NUTRITIONAL COUSLING

(PROVIDER SIGNATURE) (DATE)